Special Message Pious Ponsiano Kintu December 2017

DO CHRISTIAN MEDITATIONS

Do Christian Meditations the whole of your life and GOD will bless you

GOD GOD GOD

GOD is Omnipotent. *Amen and Amen.*

GOD is the Alpha and Omega.

Amen and Amen.

GOD is ABBA FATHER.

Amen and Amen.

GOD is Yahweh forever. *Amen and Amen.*

GOD is the I AM WHOM I AM .

Amen and Amen.

 Beloved ones of GOD, children of GOD, my beloved sisters, and my beloved brothers, in our Lord JESUS CHRIST, wherever you are in the world, and whatever language you speak, and whatever social life you lead:

Our Lord and our GOD is your Creator, is my Creator, is the Creator of your family members, and is the Creator of all your fellow countrymen.

He, The Most Holy GOD, in His holy goodness, willed to create Heaven and Earth.

Read:

Genesis 1:1 to the end. Genesis 2:1 to the end. Job chapter 38, chapter 39, chapter 40, chapter 41, chapter 42. For this His holy and divine will, may all the heavenly beings give Him praise and honour, and may all of us He created, give Him praise and honour.

2) Beloved ones, people of GOD, beloved ones, my brothers and my sisters, beloved ones, my fellow Catholics in the Holy Catholic and Apostolic Church, you and your family, you and your fellow countrymen, get accustomed to Christian meditation.

Love meditation the whole of your life,

and do meditation as to give glory to GOD, for all what He created.

By doing holy meditations of our Lord and our GOD, He our Creator:

- a) We get to love what He created,
- b) We get to love Him for having created what we see,
- We get to please Him, the Alpha and Omega.
- d) We get to uplift ourselves spiritually.
- e) We get to focus on Him.

- f) We get to fear Him.
- g) We get to glorify Him.

In return, He blesses us, In return He anoints us, In return He sends His graces upon us.

Our ancestors did this, and were blessed.

Those who did not do it, they lived an agitated life. They lived a troubled life. Some even opposed GOD, because they were not meditating on the supreme nature of His.

Do not be like them.

Instead, let the holy meditation help you to see GOD's divine powers in all of what He created.

 Our ancestors in faith, Abraham, Isaac and Jacob, Enoch, Noah, Moses, Daniel, Job, King Solomon, King David, and many others:

they did holy meditations on how awesome, how powerful, is GOD's hand in all what He created.

In all the visible and the invisible.

For example:

The planets above the sky. *The wonder works of our Lord and our GOD.*

The visible and invisibles which fill up the earth.

The wonder works of our Lord and our GOD.

The vastness upon vastness of the oceans. *The wonder works of our Lord and our GOD.*

The vastness of the seas. *The wonder works of our Lord and our GOD.*

The different sizes of the lakes. *The wonder works of our Lord and our GOD.*

The different models of the springs. *The wonder works of our Lord and our GOD.*

The freezing harshness of the snow. *The wonder works of our Lord and our GOD.*

The powerful nature of the avalanches. *The wonder works of our Lord and our GOD.*

The powerful nature of the blizzards. *The wonder works of our Lord and our GOD.*

The different sizes of the icebergs. *The wonder works of our Lord and our GOD.*

The powerful nature of the hailstorms. *The wonder works of our Lord and our GOD.*

The powerful nature of the floods. *The wonder works of our Lord and our GOD.*

The powerful nature of the mudslides. *The wonder works of our Lord and our GOD.*

The different mountain tops covered in snow.

The wonder works of our Lord and our GOD.

The fearsome fires of the volcanoes. *The wonder works of our Lord and our GOD.*

The fearsome nature of the tsunamis. *The wonder works of our Lord and our GOD.*

The powerful nature of the fierce winds. *The wonder works of our Lord and our GOD.*

The fearsome nature of the tornadoes. *The wonder works of our Lord and our GOD.*

The fearsome nature of the hurricanes. *The wonder works of our Lord and our GOD.*

The fearsome nature of the whirlwinds. The wonder works of our Lord and our GOD.

The fearsome forces of the Bermuda Triangle. The wonder works of our Lord and our GOD.

The powerful nature of the monsoon winds. *The wonder works of our Lord and our GOD.*

The fearsome power in the different waterfalls.

The wonder works of our Lord and our GOD.

The fearsome power in the different beasts. *The wonder works of our Lord and our GOD.*

The fearsome trembling of the earthquakes. *The wonder works of our Lord and our GOD.*

The fearsome scorching heat of the deserts. *The wonder works of our Lord and our GOD.*

The destructive nature of the wild fires. *The wonder works of our Lord and our GOD.*

The magnificence and mystery of the planet Mercury.

The wonder works of our Lord and our GOD.

The magnificence and mystery of the planet Venus.

The wonder works of our Lord and our GOD.

The magnificence and mystery of the planet Earth.

The wonder works of our Lord and our GOD.

The magnificence and mystery of the planet Mars.

The wonder works of our Lord and our GOD.

The magnificence and mystery of the planet Jupiter.

The wonder works of our Lord and our GOD.

The magnificence and mystery of the planet Saturn.

The wonder works of our Lord and our GOD.

The magnificence and mystery of the planet Uranus.

The wonder works of our Lord and our GOD.

The magnificence and mystery of the planet Neptune.

The wonder works of our Lord and our GOD.

The magnificence and mystery of the planet Pluto.

The wonder works of our Lord and our GOD.

The awesome different patterns there are in the winds.

The wonder works of our Lord and our GOD.

The awesome robustness in the stones. *The wonder works of our Lord and our GOD.*

The different shapes and designs of each mountain.

The wonder works of our Lord and our GOD.

The different shapes and shapes in the marble stones.

The wonder works of our Lord and our GOD.

The different shapes and designs among the billions of trees in the world. *The wonder works of our Lord and our GOD.*

The different softness and hardness varying from one tree to another.

The wonder works of our Lord and our GOD.

The different patterns and uses of the minerals GOD created. The wonder works of our Lord and our GOD.

The different patterns of different fertilization there are in the soil. *The wonder works of our Lord and our GOD.*

The different strengths of different waterfalls in the world.

The wonder works of our Lord and our GOD.

The different food value we get from the different foods created by GOD. The wonder works of our Lord and our GOD. The different languages of us mankind, their tones, their pitch.

The wonder works of our Lord and our GOD.

The different signs of our human writings. *The wonder works of our Lord and our GOD.*

The different styles of preparation of our foodstuff.

The wonder works of our Lord and our GOD.

The different human promptness in us mankind.

The wonder works of our Lord and our GOD.

The different patterns of fingerprints in us mankind.

The wonder works of our Lord and our GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, fear GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, respect GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, obey GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, love GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, serve GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, adore GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, search for GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, call upon GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, wait upon GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, tell of GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, strive for GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, work for GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, hope in GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, trust in GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, desire for GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's power.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's majesty.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's divinity.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's omnipotence.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's greatness.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's supremeness.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's awesomeness.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's goodness.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's justice.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's mercy.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's love.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's splendour.

Mankind, you and me, you and your family, you and your fellow countrymen, you and your education, you and your money, you and your social status, meditate on GOD's creation.

GOD our holy and divine GOD,

The Alpha and Omega,

The I AM WHOM I AM,

in all what He created that you know of, and that you do not know of, some you have heard of them, and others you have never heard of them,

when you meditate on them deeply, and humbly, full of respect and fear of Him,

you will see, you will discover, you will believe, and you will tell your very self, how wonderful, upon wonderful, how majestic, is our Lord and our GOD.

- 1) How much do His works tell us of holy divine powers?
- 2) How His holy and divine creating powers spread His glory.
- How His holy and divine powers created and designed the things we see and the things we have never seen.
- 4) How awesome and divinely splendid of creating is it, of our Lord and our GOD.

Fear GOD then, fear Him upon fearing Him. Give Him glory all the days of your life.

Tell of His awesomeness to all those you live with.

Tell of His awesomeness to all those you work with.

Tell of His awesomeness to all those you go to the Parish together.

For GOD is beyond what we can comprehend.

For GOD is beyond any good you can think of.

For GOD remains GOD forever and ever.

ABBA FATHER, may He be blessed in the Heavens and on Earth.

ABBA FATHER, may He be adored in the Heavens and on Earth.

ABBA FATHER, may He be glorified in the Heavens and on Earth.

ABBA FATHER, may He be venerated in the Heavens and on Earth.

ABBA FATHER, may He be praised in the Heavens and on Earth.

ABBA FATHER, may He be feared in the Heavens and on Earth.

ABBA FATHER, may He be called holy in the Heavens and on Earth.

ABBA FATHER, may He be worshipped in the Heavens and on Earth.

ABBA FATHER,

may He be spoken of to our children and children's children.

ABBA FATHER, may He be the source of blessing.

ABBA FATHER, may He be the refuge.

ABBA FATHER, may He be the source of peace.

ABBA FATHER, may He be the source of joy.

ABBA FATHER, may He be the source of endless help.

ABBA FATHER, may He be the source of endless love.

ABBA FATHER, may He be the source of endless hope.

ABBA FATHER, may He be the endless provider

ABBA FATHER, may He be the ultimate aim

ABBA FATHER, may He be the final goal

ABBA FATHER, may He be the final hope

Forever and ever. AMEN.

GOD the Alpha and Omega
GOD the divine GOD and our Lord

Must be feared by all mankind

Must be given glory

Must be given honour

Must be given praise

Must be called GOD

GOD the omnipotent
Must be blessed in Heaven and on Earth.

GOD the omnipotent Must be given glory.

GOD the omnipotent Must be given praise.

GOD, Yahweh the Creator of all mankind,

Must be honoured

Must be glorified

Must be respected

Must be preached

Must be venerated

Must be called GOD

Forever and ever

AMEN.

GOD of Abraham

GOD of Isaac

GOD of Jacob

GOD of Joseph

GOD of Noah

GOD of Elisha

GOD of Jeremiah

GOD of Isaiah

GOD of Daniel

GOD of Joshua

GOD of Moses

GOD of King David

GOD of King Solomon

GOD of Queen Esther

GOD of Samson

GOD of all the Holy Patriarchs

GOD of John the Baptist

GOD of the Apostles of Jesus

GOD of all the Saints

Must be called GOD forever and ever

AMEN.

- a) Mankind, you and me, the more we meditate on GOD, meditating on the different works of His, He did create, which are around us, we shall be blessed, and we shall see the greatness of His, day after day.
- b) Mankind, you and me, the more and more we meditate on the different marvels, near us and those far away, the more we get uplifted spiritually; the more our bonds with GOD become firm; and the more we get to be united with GOD by fearing Him, and giving Him glory, He ABBA FATHER.
- c) Mankind, you and me, the more and more we meditate on different patterns in the seasons of climates, today hot, the other day hotter or cooler, the more our GOD will be glorified in Heaven and on Earth, and the more you and me, we shall be blessed.

- d) Mankind, you and me, the more we shall deeply meditate on the different shapes and slopes on the mountain, is the more we shall get to know the greatness of the I AM WHOM I AM, who is our Lord and our GOD.
- e) Mankind, you and me, the more and more we shall meditate on the different days' sunrise and sunset, moonbeams, heat of the day, glitter of the stars, the more we shall be loved by our Lord and our GOD.
- f) Mankind, you and me, the more and more mankind, you and me, we shall deeply and wholly enter in deeper meditation on the works of our Lord and our GOD, in all what He created, is the more we shall please Him, for He, our Lord and our GOD answered Moses, to those who wanted to go and see His face, GOD told Him, (as you and me of today, He is telling us as He told Moses), let them go and see what I created and they give me glory and honour.

Wherever you are seated in the different countries of the world, whichever social status of life you are having, whatever age of maturity you are having:

- » Meditate on the marvels in your country, in your countryside, in your mountainside.
- » Meditate on the vegetation you are seeing every day,
- » Meditate on the springs, the rivers, the lakes, the oceans.
- » Meditate on the different people you see, as they were created by GOD.
- » Meditate on the different way that people were created.

All these will give you the fear and respect of GOD in His creation.

All these will give you a new respect for our loving Father, who created Heaven and Earth.

May He be blessed in you.

May He be blessed in your family.

May He be blessed in your fellow Parishioners.

May He be blessed in all the people He created.

May He be blessed in Heaven and on Earth

Forever and ever. AMEN.

Beloved ones, people of GOD, my brothers and my sisters, and your respective family members, and all the people of GOD within your country, within your diocese, within your city, and within your village:

you are, and we are, all surrounded with GOD's uncountable mysteries and divine works of His.

- 1) The hills
- 2) The mountains
- 3) The rocks
- 4) The plains
- 5) The oceans
- 6) The seas
- 7) The rivers
- 8) The springs
- 9) The forests

- 10) The vegetation
- 11) The wild beasts
- 12) The fishes
- 13) The birds
- 14) Creaming this with the highest miracle of the divine GOD He created (MANKIND) you and me.

Within our different countries, because of the divine providence of GOD, we are blessed by GOD because we are surrounded by all this.

- » The people living near Mt. Everest and the other mountains in Himalayas.
- » The people living near the beautiful coastlines in different continents.

- » The people of South America breathing the good air from the gigantic Amazon forest.
- » The people of America living near the spectacular natural wonders like the Niagara Falls, the Grand Canyon, the Mississippi river.
- » The people in Europe experiencing the beauty of the four seasons, summer, autumn, winter and spring.
- » The people in Russia experiencing the wonders of GOD by being closer to the deepest lake in the world.
- » The people of Philippines, living among the spectrum of the wonders of GOD of their 7,461 islands.

- » The people of Australia seeing the beauty of GOD's creation in the great coral reef and the kangaroos.
- » The people of Italy enjoying the blessings of the divine GOD of creation of the endless tons of marble hills near Genoa.
- » The people of Switzerland seeing the divine beauty in the creation of GOD in the Swiss Alps.
- » The people of Holland enjoying the magnificence of millions of beautiful flowers while their country is below sea level.
- » The people of Malta enjoying the magnificent sea shores.

- » The people of Seychelles enjoying the wonderful sea breezes created by GOD.
- » The peoples of Kenya and Tanzania enjoying the spectacular Wildebeest migrations.
- » The people of Zimbabwe and Zambia blessed with the amazing Victoria Falls.
- » The peoples of Botswana and Namibia blessed with the herds of thousands of elephants.
- » The people of Lesotho being divinely blessed with the miracle of being the highest country in the world.
- » The people of Congo, being divinely blessed with endless tons of Gold, Diamonds, Copper, and so many other minerals.

- » The people of Sudan, being blessed with the endless flow of oil.
- » The people of Nigeria, being blessed with the endless flow of oil.
- » The people of Mali, being blessed with tons of diamonds.
- » The people of Ivory Coast, being blessed with tons upon tons of Cacao.
- » The people of Congo Brazzaville being blessed with thousands upon thousands of giant hardwood trees.
- » The people of Mexico being blessed with their millions upon millions of cattle.
- » The people of Rwanda with their thousands of hills.

- » The people of Uganda with its amazing natural beauty and hosting the source of the Nile, being called the Pearl of Africa.
- » The people of Greenland, with its permanent cover of snow.

All of these magnificent mysteries in nature are the wonder works of

OUR FATHER

The LAM WHOM LAM

The Alpha and Omega

who told Moses and today He is telling you as He told Moses, go and see what I created and respect Me, and glorify Me, and fear Me.

Bless yourself when you are still alive.

Bless yourself when you are still living.

Bless yourself before your day of death arrives at your door, by:

- » Serving the Lord
- » Adoring the Lord
- » Praising the Lord
- » Fearing the Lord
- » Calling the Lord ABBA FATHER
- » Giving Him glory and honour
- » Singing with the Angels "Hosanna Hosanna Hosanna in the highest"

All the days of your life.

He is divine
He is holy
He is majestic
The Alpha and Omega

People of GOD, children of The Most High, my brothers and my sisters,

force yourself to get accustomed to reading the Bible during the week, from time to time, and the other Catholic literature.

They will beef you up your fear and love and serving and adoring our Lord and our GOD.

Couple with the following Psalms which praise the wonderful GOD, the divine GOD, who created Heaven and Earth:

Please read them and meditate on them frequently.

- 1. Psalm 19
 GOD's glory in the Heavens and in the Law
- 2. Psalm 27 Trust in GOD
- 3. Psalm 29
 The Lord of Majesty Acclaimed as
 King of the World
- 4. Psalm 33
 Praise of GOD's Power and
 Providence
- 5. Psalm 62 Trust in GOD Alone
- 6. Psalm 63 Ardent Longing for GOD

- 7. Psalm 65 Thanksgiving for GOD's Blessing
- 8. Psalm 66 Praise of GOD Israel's Deliverer
- 9. Psalm 84 Prayer of a Pilgrim to Jerusalem
- 10. Psalm 92 A Hymn of Thanksgiving for GOD's Fidelity
- 11. Psalm 93 GOD is a Mighty King
- 12. Psalm 95 A Call to Praise and Obedience
- 13. Psalm 96 GOD of the Universe
- 14. Psalm 97
 The Divine Ruler of all

- 15. Psalm 98 The Coming of GOD
- 16. Psalm 99 The Holy King
- 17. Psalm 100 Communal Thanks in the Temple
- 18. Psalm 103
 Praise of Divine Goodness
- 19. Psalm 104
 Praise of GOD the Creator
- 20. Psalm 105 GOD's Fidelity to the Promise
- 21. Psalm 111
 Praise of GOD for Goodness to
 Israel
- 22. Psalm 112
 Blessing of the Just

23.	Psalm 113
	Praise of GOD's Care of the Poor

- 24. Psalm 114
 The Lord's Wonder at the Exodus
- 25. Psalm 115
 The Greatness of the True GOD
- 26. Psalm 116
 Thanksgiving to GOD who Saves from Death
- 27. Psalm 117
 The Nation called to Praise
- 28. Psalm 118 Hymn of Thanksgiving
- 29. Psalm 121 The Lord my Guardian
- 30. Psalm 123
 Reliance on the Lord

- 31. Psalm 127 A need of GOD's Blessing
- 32. Psalm 128
 The Happy Home of the Just
- 33. Psalm 131 Humble Trust in GOD
- 34. Psalm 135
 Praise of GOD the Ruler and
 Benefactor of Israel
- 35. Psalm 136
 Hymn of Thanksgiving for GOD's
 Everlasting Love
- 36. Psalm 138 Hymn of a Grateful Heart
- 37. Psalm 139
 The All Known and Ever Present
 GOD

- 38. Psalm 145
 The Greatness and Goodness of GOD
- 39. Psalm 146
 Trust in GOD the Creator and
 Redeemer
- 40. Psalm 147 GOD's Word Restores Jerusalem
- 41. Psalm 148
 All Creation Summoned to Praise
- 42. Psalm 149
 Praise GOD with Song and Sword

Beloved brothers, beloved sisters, wherever you are in the world, and whatever you see where you are living:

Glorify GOD who created what you see.

Glorify GOD who created what you have never seen.

Give yourself a lifetime gift of:

- » adoring GOD,
- » praising GOD,
- » serving GOD,
- » honouring GOD,
- » fearing GOD,
- » respecting GOD,
- » loving GOD,
- » doing meditation,
- » and praying upon praying,
- » trusting in Him alone and alone, all the days of your life.

- » You will be blessed by GOD.
- » Your family will be blessed by His divine providence.
- » The works of your hands will be blessed.
- » Whatever you put your hands to do will be blessed.

Continue to keep

His Ten Commandments

His decrees and His Statutes

and He will finally reward you by accepting you to enter His holy Heaven,

where you will live with Him forever and ever.

Amen Amen Amen.