

MEDITATION
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BE HOLY, BE HUMBLE, BEFORE GOD

IN YOUR ENTIRE LIFE ON EARTH

GOD GOD GOD



GOD THE FATHER

GOD THE SON

GOD THE HOLY SPIRIT



THE HOLY TRINITY



Be blessed in Heaven and on Earth
Forever and ever Amen.

1) **GOD THE FATHER**

The Alpha and Omega

**Commanded mankind
to be holy.**

*Then and therefore, you and me,
we should be holy.*

2) **GOD THE FATHER**

The Alpha and Omega

**Commanded mankind
to be humble.**

*Then and therefore, you and me,
we should be humble.*

3) **GOD THE FATHER**

The Alpha and Omega

**Commanded mankind
to respect Him.**

*Then and therefore, you and me,
we should respect Him.*

4) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to fear Him.**

*Then and therefore, you and me,
we should fear Him.*

5) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to obey Him.**

*Then and therefore, you and me,
we should obey Him.*

6) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to listen to Him.**

*Then and therefore, you and me,
we should listen to Him.*

7) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to love Him.**

*Then and therefore, you and me,
we should love Him.*

8) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to keep His Commandments.**

*Then and therefore, you and me,
we should keep His
Commandments.*

9) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to adore Him.**

*Then and therefore, you and me,
we should adore Him.*

10) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to praise Him.**

*Then and therefore, you and me,
we should praise Him.*

11) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to give Him glory.**

*Then and therefore, you and me,
we should give Him glory.*

12) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to worship Him.**

*Then and therefore, you and me,
we should worship Him.*

13) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to serve Him.**

*Then and therefore, you and me,
we should serve Him.*

14) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to venerate Him.**

*Then and therefore, you and me,
we should venerate Him.*

15) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to call Him I AM WHOM I AM .**

*Then and therefore, you and me,
we should call Him
THE I AM WHOM I AM .*

16) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to be holy.**

*Then and therefore, you and me,
we should be holy.*

17) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to call Him Alpha and Omega.**

*Then and therefore, you and me,
we should call Him
The Alpha and Omega.*

18) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to call Him Holy Holy Holy.**

*Then and therefore, you and me,
we should call Him
Holy Holy Holy.*

19) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to call Him Yahweh.**

*Then and therefore, you and me,
we should call Him Yahweh.*

20) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to call Him Everlasting.**

*Then and therefore, you and me,
we should call Him
The Everlasting.*

21) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to call Him Omnipotent.**

*Then and therefore, you and me,
we should call Him
The Omnipotent.*

22) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to call Him Almighty.**

*Then and therefore, you and me,
we should call Him
The Almighty.*

23) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to hope in Him alone.**

*Then and therefore, you and me,
we should hope in Him alone.*

24) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to walk with Him alone.**

*Then and therefore, you and me,
we should walk with Him alone.*

25) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to have faith in Him alone.**

*Then and therefore, you and me,
we should have faith
in Him alone.*

26) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to be meditative.**

*Then and therefore, you and me,
we should be meditative.*

27) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to be committed
to Him alone.**

*Then and therefore, you and me,
we should be committed
to Him alone.*

28) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to keep wholly, His Decrees.**

*Then and therefore, you and me,
we should keep wholly,
His Decrees.*

29) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to keep wholly, His Statutes.**

*Then and therefore, you and me,
we should keep wholly,
His Statutes.*

30) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to know Him.**

*Then and therefore, you and me,
we should know Him.*

31) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to tell of Him to others.**

*Then and therefore, you and me,
we should tell of Him to others.*

32) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to meditate on all what He
created.**

*Then and therefore, you and me,
we should meditate on all what
He created.*

33) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to meditate on His glories.**

*Then and therefore, you and me,
we should meditate on
His glories.*

34) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to meditate on His powers
in the Universe.**

*Then and therefore, you and me,
we should meditate on
His powers in the Universe.*

35) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to beg for His blessings.**

*Then and therefore, you and me,
we should beg for His blessings.*

36) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to beg for His graces.**

*Then and therefore, you and me,
we should beg for His graces.*

37) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to beg for His anointings.**

*Then and therefore, you and me,
we should beg for His anointings.*

38) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to beg for His love.**

*Then and therefore, you and me,
we should beg for His love.*

39) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to beg for His protection.**

*Then and therefore, you and me,
we should beg for His protection.*

40) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to beg for His guardianship.**

*Then and therefore, you and me,
we should beg for
His guardianship.*

41) GOD THE FATHER

The Alpha and Omega

**Commanded mankind
to beg for His forgiveness.**

*Then and therefore, you and me,
we should beg for
His forgiveness.*

Beloved ones, people of GOD,
beloved ones, children of GOD,
you and me, beloved ones,
you and your family, beloved ones,
you and your fellow countrymen:

- 1) In the whole of your entire life,
yearn upon yearning **to give glory
to GOD endlessly.**

- 2) In the whole of your entire life,
yearn upon yearning **to praise
GOD endlessly.**
- 3) In the whole of your entire life,
yearn upon yearning **to honour
GOD endlessly.**
- 4) In the whole of your entire life,
yearn upon yearning **to adore GOD
endlessly.**
- 5) In the whole of your entire life,
yearn upon yearning **to venerate
GOD endlessly.**
- 6) In the whole of your entire life,
yearn upon yearning **to know GOD
fully.**
- 7) In the whole of your entire life,
yearn upon yearning **to work for
GOD endlessly.**

- 8) In the whole of your entire life,
yearn upon yearning **to focus on
GOD always.**
- 9) In the whole of your entire life,
yearn upon yearning **to serve GOD
endlessly.**

All the days of your life
which He will allow you to live
in this world.

All the new days
He will allow you to see,
day after day.

All the long years
He will allow you
to serve Him in this world.

- 10) Turn your life into the life of **a person who fears GOD and who loves GOD.**
- 11) Turn your life into the life of **a person who is not joking with GOD.**
- 12) Turn your life into the life of **a person who is searching for GOD's blessing all the days of his life.**
- 13) Turn your life into the life of **a person who is well focused on GOD's ways.**
- 14) Turn your life into the life of **a person who is well focused on going to Heaven.**

- 15) Turn your life into the life of **a person who is well deepened in the love of GOD.**
- 16) Turn your life into the life of **a person who is well streamlined in the Laws of GOD.**
- 17) Turn your life into the life of **a person who is well streamlined in the Decrees of GOD.**
- 18) Turn your life into the life of **a person who is well streamlined in the Statutes of GOD.**
- 19) Turn your life into the life of **a person who is well geared to reach Heaven at all cost.**

- 20) Turn your life into the life of **a person who is well prepared to reach Heaven come what may.**
- 21) Turn your life into the life of **a person who is well assured that one day he will see GOD.**
- 22) Turn your life into the life of **a person who is aiming only to reach Heaven.**
- 23) Turn your life into the life of **a person who is well pleasing to GOD.**
- 24) Turn your life into the life of **a person who trusts in GOD alone and alone.**
- 25) Turn your life into the life of **a person who hopes in GOD alone and alone.**

And one good day,
so beautiful in Heaven,
so holy in Heaven,
so glorious in Heaven,
our Lord and our GOD will reward
you
an eternal gift of living with Him
in Heaven,
forever and ever
AMEN.